# BROOKDALE ASHEVILLE WALDEN RIDGE

4 Walden Ridge Drive | Asheville, NC 28803-8583 | 828-687-0155





# SENIOR LIVING IN ASHEVILLE

Your loved one deserves more than care—they deserve purpose-filled days in a place that feels like home. At Brookdale Asheville Walden Ridge in Asheville, North Carolina, we offer memory care designed to support those living with Alzheimer's or dementia.

- Your loved one can thrive through comfort, routine and connection.
- Purpose-built spaces support memory care needs with comfort and dignity.
- A specially trained dementia care team is on-site 24/7 to be alerted to an emergency.

#### LEVELS OF CARE



**Memory Care** 

### **AMENITIES**

- Emergency Alert System
- Transportation
- Library
- Beauty/Barber Shop
- Courtyard and Garden
- Gardening / Greenhouse

### **GET IN TOUCH**

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## **ACTIVITIES**

Each of our residents participates in our signature memory care program, which is designed specifically for seniors living with Alzheimer's and other forms of dementia. Through activities like yoga, gardening club, pet therapy and poetry night, your loved one will experience purpose, meaning and a deep sense of belonging. We have created environments that encourage spontaneous engagement throughout the community.



### DINING

Our dining program includes dementiafriendly menus and nutritious meals that will make your loved one feel warm and welcome as soon as they enter the dining room. To alleviate stress and confusion, we pre-assign each resident's seat to ensure they eat each meal in the same location. Plus, our team can provide dining assistance whenever their help is needed.

### PHOTO GALLERY











