



## SENIOR LIVING IN PHOENIX

Start your day at your own pace, with sunshine streaming in and plans that are yours to make. At Brookdale Central Paradise Valley in Phoenix, Arizona, independent living, assisted living and memory care come together in one inviting community—giving you the freedom to enjoy life and the support to make it easier.

- Stay active and social with a full calendar of events like fitness classes and social outings.
- Receive help with daily tasks in assisted living and memory care.
- A kind staff member is on-site 24/7 to be alerted to an emergency.

## LEVELS OF CARE



**Independent Living**



**Memory Care**



**Assisted Living**

## AMENITIES

- Emergency Alert System
- Pet Friendly
- Outdoor Pool
- Therapy Pool
- Fitness Center
- Transportation

## GET IN TOUCH

### **BROOKDALE CENTRAL PARADISE VALLEY**

13240 North Tatum Boulevard

Phoenix, AZ 85032

**602-953-3600**

**brookdale.com**





## ACTIVITIES

At Brookdale Central Paradise Valley, you have a host of events and programs available daily. No matter how you want to spend your time, you're never far from good times and even better company. Our memory care residents enjoy a diverse set of programming, too, including cooking, art classes and armchair travels. Each program is carefully designed to provide your loved one with a sense of purpose, meaning and belonging, even in late-stage dementia.

## DINING

Prepare to enjoy restaurant-style dining in our elegant dining room. We offer healthy, delicious meals made from fresh, seasonal ingredients when possible. Your suggestions, feedback and even family recipes help to craft our menus. Our memory care residents benefit from personal dining assistance as needed, dementia-friendly menus with familiar and easy-to-manage selections and consistent preselected seating to encourage familiarity and socialization.

## PHOTO GALLERY

