



SENIOR LIVING IN CITRUS HEIGHTS

In Citrus Heights, California, your loved one can feel a sense of purpose and belonging at Brookdale Sylvan Ranch. This memory care community uses a person-centered approach with gentle routines, familiar experiences and meaningful connections that feel like home.

- Daily structure includes six gentle programs designed to support comfort and engagement.
- Your loved one can join brain games, dancing and cooking classes to help strengthen skills.
- Have peace of mind knowing a trained staff member is available 24/7 to provide support.

LEVELS OF CARE



Memory Care

AMENITIES

- Emergency Alert System
- Concierge Service
- Pet Friendly
- Beauty/Barber Shop
- Transportation
- Courtyard and Garden

GET IN TOUCH

BROOKDALE SYLVAN RANCH

7375 Stock Ranch Road
Citrus Heights, CA 95621

916-729-2722

brookdale.com



ACTIVITIES

Craft classes, bingo and gardening are just a few activities included in our thoughtful, evidence-based programming. Your family member can also enjoy devotional services, comedy hours and fun social events like ice cream socials and bowling. InTouch Adventure brings the outside world inside using a touch-screen computer that can launch a virtual world of travel, memories and discovery.

DINING

Did you know people living with dementia are at a greater risk for poor nutrition and weight loss? That's why we use mealtime as an opportunity to offer healthy menu choices and create a sense of belonging. With our award-winning dining program, your loved one will enjoy dementia-friendly menus with familiar and easy-to-manage selections, small dining rooms with consistent pre-selected seating and personal dining assistance as needed.

PHOTO GALLERY

