



## SENIOR LIVING IN COLUMBIA

There's a lot to love at Brookdale Columbia in Columbia, Tennessee—from friendly faces to routines that make each day meaningful. Whether spending time with friends or enjoying a quiet afternoon, you're free to do more in an assisted living community that feels like home.

- Get help with daily tasks like dressing, mobility or personal hygiene.
- Let our team handle the cooking and chores so you can focus on your hobbies.
- Our helpful team is available 24/7 to be alerted to an emergency.

## LEVELS OF CARE



### Assisted Living

---

## AMENITIES

- Emergency Alert System
- Transportation
- Beauty/Barber Shop
- Courtyard and Garden
- Porch
- Private Dining Room

---

## GET IN TOUCH

### **BROOKDALE COLUMBIA**

5011 Trotwood Avenue  
Columbia, TN 38401-5048

**931-380-1000**

**brookdale.com**





## ACTIVITIES

From creative pursuits to fitness classes, from mental gymnastics like our weekly trivia games to spiritual fitness events like our afternoon Bible studies, you'll never have to look too hard to find a way to fill your days with greatness. You'll also never have to look too hard to find someone great to spend them with, as our community is full of exceptional seniors who are always looking to welcome newcomers into their growing social circles.

## DINING

Our dining program is all about your feedback, menu suggestions, and, yes, even your recipes. We offer a personalized dining experience where we customize our seasonal menu options with input from residents during our monthly menu chats and residents' family recipes. So let someone else worry about the dishes so you can linger after dinner and enjoy one of the best parts of a great meal—great conversations!

## PHOTO GALLERY

