



SENIOR LIVING IN MESA

If you're looking for more than a place to live, then Brookdale East Arbor may be the place for you. Retirement is the time to live purposefully and re-ignite some of those former passions. At our assisted living community in Mesa, Arizona, our caring team can help you live the life you want.

- Enjoy independence while receiving the daily personal assistance you need.
- You'll feel right at home with pet-friendly apartments and cozy common areas.
- Caring staff on-site 24/7 to be alerted to an emergency and offer support at any time.

LEVELS OF CARE

 **Assisted Living**

AMENITIES

- Emergency Alert System
 - Pet Friendly
 - Fitness Center
 - Transportation
 - Parking
 - Beauty/Barber Shop
-

GET IN TOUCH

BROOKDALE EAST ARBOR

6060 East Arbor Avenue

Mesa, AZ 85206-6049

480-807-6600

brookdale.com



ACTIVITIES

At Brookdale East Arbor, every day is filled with interesting things to do and interesting people to do them with. The Bird Buddies group, tai chi, Morning Movers, B-Fit walkers and the arts and crafts club are just a few of your options for fun here. Sure, they're fun activities, but they are also a great excuse to meet up with your friends, as you'll be surrounded by vibrant seniors just like you, each of whom is living life to the fullest every day.

DINING

Enjoy a dining program that is like going out with friends to eat at your favorite restaurant every day, minus the "going out" part. Our menus are all about you and may include your menu requests, your favorite recipes and your feedback. But our menus are more than meals. We create memorable dining experiences with healthy, delicious meals with seasonal ingredients. Do you have special dietary requests like low sodium or diabetic-friendly dishes? We may be able to help.

PHOTO GALLERY

