



## SENIOR LIVING IN FT. MYERS

Each day brings more opportunities to connect, relax and receive support that fits your needs. Brookdale Fort Myers Cypress Lake in Ft. Myers, Florida, offers assisted living and memory care in a warm setting with personalized care and plenty of ways to stay active.

- Assisted living includes help with daily tasks like dressing, mobility and managing meds.
- Our memory care program provides structure, engagement and familiarity.
- Supportive team members are available 24/7 to assist and be alerted in case of an emergency.

## LEVELS OF CARE



Memory Care



Assisted Living

## AMENITIES

- Emergency Alert System
- Pet Friendly
- Outdoor Pool
- Fitness Center
- Transportation
- Parking

## GET IN TOUCH

### BROOKDALE FORT MYERS CYPRESS LAKE

7460 Lake Breeze Drive

Ft. Myers, FL 33907

**239-454-4100**

**brookdale.com**



## ACTIVITIES

Our assisted living residents have so many activities to choose from. Tuesdays might be your Wii Golf mornings, and a Wednesday highlight might be your favorite crafting corner. From creative pursuits and fitness classes to engaging with old and new hobbies, there's something for everyone, with activities designed to meet different skills and abilities. Our memory care residents also enjoy an exciting calendar with activities like Watercoloring 101, book club and gardening.

## DINING

As a resident, you can enjoy delicious and nutritionally-balanced meals in our elegant dining room. Have a suggestion? Join our weekly menu chats where you can provide feedback and recommend family recipes. We also use mealtime to create a sense of belonging for our memory care residents. Your loved one will enjoy dementia-friendly menus with familiar and easy-to-manage selections and small dining rooms with consistent pre-selected seating.

## PHOTO GALLERY

