# **BROOKDALE FOUNDATION HOUSE**

32290 1st Avenue South | Federal Way, WA 98003 | 253-838-8823





# SENIOR LIVING IN FEDERAL WAY

Support that grows with you—and a setting that feels like home—can bring more ease to your day. Brookdale Foundation House in Federal Way, Washington, offers independent living, assisted living and memory care all on one campus, with services designed to adjust as your needs change.

- Enjoy a pet-friendly apartment with flexible floor plans you can make your own.
- Multiple care levels on one campus to offer comfort and continuity over time.
- A team member is on-site and available 24/7 to be alerted to an emergency.

# LEVELS OF CARE



Independent Living



**Memory Care** 

Assisted Living

## **AMENITIES**

- Emergency Alert System
- Pet Friendly
- Fitness Center

## GET IN TOUCH

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- Transportation
  - Parking
- Library

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## ACTIVITIES

You'll have plenty of opportunities to make new friends. Join the poker club, attend a wine and cheese social, take part in a soulnourishing devotional service, participate in a fitness class or join your neighbors for bingo. If you have a loved one staying in our memory care community, they'll experience a gentle daily structure of programs tailored to preserve their abilities, encourage the use of their current skills and help them maintain their quality of life for as long as possible.



## DINING

Enjoy a dining program that is like going out with friends to eat at your favorite restaurant every day, minus the "going out" part. You can savor decadent meals like basa baked in white wine or chicken stroganoff. To avoid confusion or added stress, we keep mealtimes routine for our memory care community. Your loved one will sit with familiar people at the same time each day and use dementia-friendly menus with diverse offerings that can assist in full engagement in the dining process.

## **PHOTO GALLERY**

