5329 West Rifle Club Court | Spokane, WA 99208-9065 | **509-498-3675** 





# SENIOR LIVING IN SPOKANE

Familiar routines and a peaceful setting can help your loved one feel more secure each day. At Brookdale Nine Mile in Spokane, Washington, our memory care community offers person-centered support designed to promote comfort, engagement and connection.

- Cozy common areas like our fireside family room invite relaxation and familiarity.
- Memory-friendly activities and structured care are the foundations of our community.
- A trained member will be on-site 24/7 to support and respond in the event of an emergency.

## LEVELS OF CARE



**Memory Care** 

## **AMENITIES**

- Emergency Alert System
- Transportation
- Parking

- Library
- Concierge Service
- Café/Bistro

#### **GET IN TOUCH**

# **BROOKDALE NINE MILE**

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brookdale.com



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# **ACTIVITIES**

At Brookdale Nine Mile, your family member has a huge range of activities available to them. Our Forties and Fifties music nights, Friday morning coffee groups, nature walks, daily sessions of our signature fitness program, B-Fit, and more are all on the schedule. Plus, because they're part of a community full of seniors also finding ways to live their best lives, they'll have a built-in social group to enjoy their newly rewarding life.

## DINING

To help alleviate any confusion or added stress, we keep mealtimes routine for our memory care community. Memory care residents typically do not eat large amounts of food at one time, so to ensure they have a sufficient calorie intake, our menu includes entrée choices with plenty of snacks available throughout the day. We also offer finger foods, as some residents cannot use utensils, and we also provide dining assistance as needed to help your loved one preserve their dining skills.

## PHOTO GALLERY











