



SENIOR LIVING IN POTOMAC

Life feels easier when support is designed to fit your needs. Brookdale Potomac in Potomac, Maryland, offers assisted living and memory care on one campus, with services that can adjust to meet changing care needs—so you can focus on what matters most.

- Participate in a variety of daily events, programs and social opportunities.
- Enjoy a secure, homelike environment with the right mix of privacy and engagement.
- Supportive team members are available 24/7 to assist and be alerted in an emergency.

LEVELS OF CARE



Memory Care



Assisted Living

AMENITIES

- Emergency Alert System
- Fitness Center
- Transportation
- Parking
- Library
- Concierge Service

GET IN TOUCH

BROOKDALE POTOMAC

11215 Seven Locks Road
Potomac, MD 20854

240-621-1050

brookdale.com



ACTIVITIES

We have a vibrant social program that includes bingo, our B-Fit exercise program, discussions about food, crafts, games, devotional services, karaoke, art shows, lobby socials and local excursions. Our memory care residents enjoy activities such as chair tai chi, clay creations, and drumming circles. Each of these activities is part of a carefully structured, person-centered care program to help our residents live their best life, even with advanced expressions of the disease.



DINING

Make a light snack in your apartment or head down to the dining room for menu options that are all about you. We work to include your suggestions, your feedback and even your own family recipes in our menus. We use mealtime for our memory care residents as an opportunity to offer healthy menu choices and create a sense of belonging. With our award-winning Clare Bridge dining program, our residents enjoy dementia-friendly menus with familiar and easy-to-manage selections.

PHOTO GALLERY

