



## SENIOR LIVING IN TULLAHOMA

Live life at your own pace at Brookdale Tullahoma, an assisted living community nestled in the cozy town of Tullahoma, Tennessee. With less on your to-do list and more support, you can settle into a lifestyle that's both relaxed and fulfilling.

- Let us handle the chores such as cooking, cleaning and home maintenance.
- Get personal care that supports your lifestyle while respecting your independence.
- Find security knowing a staff member is available 24/7 to be alerted to an emergency.

## LEVELS OF CARE

 Assisted Living

## AMENITIES

- Emergency Alert System
- Pet Friendly
- Parking
- Library
- Beauty/Barber Shop
- Courtyard and Garden

## GET IN TOUCH

### BROOKDALE TULLAHOMA

801 Wilson Ave  
Tullahoma, TN 37388  
**931-455-2000**  
**brookdale.com**





## ACTIVITIES

Our activities team provides a brand new list of activities every day, and each one has been chosen to enhance your quality of life. Your days might be filled with mind-strengthening activities like trivia groups, creative pursuits like music singalongs or physical exercise like our B-Fit group classes. We also offer devotional services, painting with purpose and bingo. What really makes this a vibrant community is the social connections that you'll find.



## DINING

Don't worry about planning meals, cooking or doing the dishes. Instead, head down to our dining room, where our menus are all about you. You'll enjoy healthy and delicious restaurant-style meals such as broiled salmon, pot roast and chicken Divan. Our culinary team is passionate about creating exciting menus and delicious meals with fresh, seasonal ingredients. If you have special dietary requests, our culinary team may have an option for you.

## PHOTO GALLERY

