



## SENIOR LIVING IN VIRGINIA BEACH

Memory care at Brookdale Virginia Beach in Virginia Beach, Virginia, is thoughtfully centered on what matters most to your loved one—their story, their comforts and the moments that bring them joy. With daily structure and familiar routines, they can continue to feel seen, valued and connected.

- Gentle routines offer a familiar rhythm and reassurance throughout the day.
- Activities like music, cooking, games and movement promote engagement and joy.
- Find peace knowing a supportive team member is on-site 24/7 to be alerted to an emergency.

## LEVELS OF CARE



### Memory Care

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## AMENITIES

- Emergency Alert System
  - Parking
  - Concierge Service
  - Café/Bistro
  - Beauty/Barber Shop
  - Courtyard and Garden
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## GET IN TOUCH

### **BROOKDALE VIRGINIA BEACH**

937 Diamond Springs Road

Virginia Beach, VA 23455

**757-493-9535**

**brookdale.com**



## ACTIVITIES

On any given day, you'll see our residents enjoying outdoor activities such as gardening and nature walks, as well as indoor art classes and movie nights. Our residents also enjoy devotional services, cooking demonstrations, movie night and happy hour too. Music is also an important part of life at Brookdale Virginia Beach, including karaoke. They're having fun, yes. But each of these activities is part of a carefully designed care program to help your loved one live their best life.

## DINING

Three home-style meals and delicious snacks are served daily in our dining area. To help alleviate any confusion or added stress, we keep mealtimes very routine for our memory care community. We use mealtime as an opportunity to offer healthy menu choices and create a sense of belonging. Our residents enjoy dementia-friendly menus with familiar and easy-to-manage selections, small dining rooms with consistent pre-selected seating and personal dining assistance as needed.

## PHOTO GALLERY

